



RECIPE DEVELOPMENT & PHOTOGRAPHY BY
KRISTEN CARLI - CAMELBACK NUTRITION & WELLNESS

POMEGRANATE & PEAR SALSA

ingredients

- 2 gala apples, roughly diced
- 1 14.5oz can of Pears, drained & diced
- 1 cup pomegranate arils
- 4 dates, pitted & chopped
- 2 tbsp parsley chopped
- 2 tsp lemon juice
- 1 tbsp champagne vinegar

directions

1. Combine apples, pears, pomegranate arils, dates, and parsley in medium bowl.
2. Dress with lemon juice and champagne vinegar.
3. Toss to combine.
4. Serve with cinnamon pita chips.