



PACIFIC COAST PRODUCERS

Picked and Packed at the Peak of Freshness



100% JUICE FRUIT BOWLS

Ready to Eat • 100% Juice • High in Vitamin C •
No Added Sugar • Low Fat • Gluten Free • No
High Fructose Corn Syrup

#10 CANNED FRUIT IN 100% JUICE

High in Antioxidants • Ready to Eat • No Added Sugar
• Low Fat • Gluten Free • No High Fructose Corn
Syrup • 100% Recyclable Container • Product of USA



#10 CANNED FRUIT IN EXTRA LIGHT SYRUP

Ready to Eat • 100% Juice • High in Vitamin C •
No Added Sugar • Low Fat • Gluten Free • 100%
Recyclable Container • Product of USA



TOMATO PRODUCTS

California Grown • Great Source of Lycopene • Low
Fat • Gluten Free • More for Your Money



For more information please contact your PCP Sales Manger or email sales@pcoastp.com

4 oz. 100% Juice Fruit Bowls

Product Description	Calories	Total Fat	Sodium	Potassium	Carbs	Fiber	Sugars	Protein	Vitamin	Vitamin	Calcium	Iron
Diced Peaches	80	0g	10mg	60mg	20g	<1g	19g	1g	2%	45%	0%	05
Diced Pears	80	0g	10mg	40mg	19g	<1g	17g	1g	4%	45%	0%	0%
Mixed Fruit	80	0g	10mg	55mg	19g	<1g	18g	1g	2%	45%	0%	0%
Mandarin Oranges	50	0g	10mg	120mg	13g	0g	8g	0g	6%	100%	0%	0%
Pineapple Tidbits	70	0g	0mg	0mg	18g	1g	17g	0g	0%	100%	0%	2%
Tropical Fruit	60	0g	0mg	0mg	18g	1g	14g	0g	2%	100%	2%	0%

#10 Canned Fruit in 100% Juice

Product Description	Calories	Total Fat	Sodium	Potassium	Carbs	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Diced Apples	70	0g	15mg	85mg	17g	2g	13g	0g	0%	0%	0%	0%
Diced Peaches	60	0g	10mg	80mg	14g	2g	0g	0g	0%	0%	0%	0%
Sliced Peaches	50	0g	10mg	180mg	12g	0g	10g	0g	6%	2%	0%	0%
Diced Pears	60	0g	10mg	80mg	14g	2g	0g	0g	0%	0%	0%	0%
Sliced Pears	60	0g	10mg	80mg	14g	2g	12g	0g	0%	0%	0%	0%
Fruit Cocktail	60	0g	10mg	120mg	14g	1g	11g	0g	4%	2%	0%	0%
Mixed Fruit	60	0g	10mg	120mg	14g	1g	11g	0g	4%	2%	0%	0%

#10 Canned Fruit in Extra Light Syrup

Product Description	Calories	Total Fat	Sodium	Potassium	Carbs	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
Diced Apricots	60	0g	10mg	150mg	14g	0g	11g	0g	35%	2%	0%	0%
Diced Peaches	60	0g	10mg	80mg	14g	0g	11g	0g	6%	2%	0%	0%
Sliced Peaches	60	0g	10mg	80mg	14g	0g	11g	0g	6%	2%	0%	0%
Diced Pears	60	0g	10mg	80mg	14g	2g	11g	0g	0%	2%	0%	2%
Sliced Pears	60	0g	10mg	80mg	15g	0g	15g	2g	0%	0%	0%	0%
Fruit Cocktail	60	0g	10mg	150mg	15g	0g	11g	0g	4%	2%	0%	0%
Fruit Mix	60	0g	10mg	150mg	17g	0g	11g	0g	4%	2%	0%	0%

Tomato Products

Product Description	Calories	Total Fat	Sodium	Potassium	Carbs	Fiber	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
4 oz. Fire Roasted Salsa Bowl	20	0g	360mg	260mg	4g	<1g	2g	1g	6%	6%	2%	2%
2.3 oz. Marinara Dipping Cup	35	1g	310mg	0mg	3g	0g	2g	0g	6%	15%	2%	2%
#10 Diced Tomatoes	25	0g	380mg	210mg	4g	1g	3g	1g	10%	20%	2%	4%
#10 Diced Tomatoes No Salt	25	0g	20mg	210mg	4g	1g	3g	1g	10%	20%	2%	4%
#10 Tomato Paste	33	0g	20mg	150mg	6g	1g	3g	2g	10%	10%	0%	4%
#10 Tomato Sauce	20	0g	360mg	120mg	4g	1g	2g	1g	6%	0%	0%	4%